



### Know the Cause: About YSC

Young Survival Coalition (YSC) is the premier organization dedicated to the critical issues unique to young women and breast cancer. It is YSC's goal that no young woman be left to fight breast cancer alone.

YSC was founded in 1998 by three young women who were under the age of 35 when diagnosed with breast cancer. They were discouraged by the lack of resources available and the underrepresentation of young women in breast cancer research. Today, YSC is the go-to organization for young women facing a breast cancer diagnosis. Among other services, YSC:

- Provides information, resources and support from diagnosis through long-term survivorship;
- Educates and empowers young women to be their own best health advocates;
- Works with healthcare providers, researchers and legislators to educate them about the unique issues young women face, and
- Advocates for more studies on breast cancer in young women and access to quality care.



YSC Sync programs connect young women affected by breast cancer with **free** access to knowledge, experience, resources and support during one of the most challenging times in their lives. Learn more at [youngsurvival.org/sync](http://youngsurvival.org/sync).



#### YSC CONNECTS AND SUPPORTS

- [YSC Online Community Boards](#) – Connect with fellow survivors online 24/7.
- [YSC FACE 2 FACE Networking Groups \(F2F\)](#) – Meet up with other survivors in your community.
- [YSC SurvivorLink](#) – Get one-on-one peer support with a trained survivor volunteer.



#### YSC EDUCATES AND EMPOWERS

**Visit [youngsurvival.org](http://youngsurvival.org). Knowledge is power.** This website is the most comprehensive resource for and about young women affected by breast cancer. Find information on medical research and updates on clinical trials. Order and download free educational materials and read survivor stories.

**YSC Summit and Regional Symposia** These conferences are for all young women at any phase of the breast cancer experience, as well as their co-survivors. The three-day YSC Summit features inspirational speakers, workshops addressing the unique issues that young women with breast cancer face, special wellness activities and the opportunity to connect with a community of other young survivors and co-survivors across the country. A one-day Regional Symposium focuses on the individual pursuit of resiliency and survivorship after a breast cancer diagnosis, featuring empowering speakers and the opportunity to connect closer to home. Find out more at [youngsurvival.org/conferences](http://youngsurvival.org/conferences).

**YSC's Navigator Series** These guides provide useful information about every phase of treatment and survivorship, including versions for newly diagnosed, post treatment, long term and those living with metastatic breast cancer.

**YSC MetsLink** YSC offers a suite of services and educational materials for young women living with metastatic breast cancer. For more information, visit [youngsurvival.org/metslink](http://youngsurvival.org/metslink).

**ResourceLink** This printed guide includes hundreds of national and local resources. Also, you can call 877.972.1011 or email [resourcelink@youngsurvival.org](mailto:resourcelink@youngsurvival.org) for assistance.

**Virtual Programming and Online Chats** YSC offers virtual programming and chat forums for young women with breast cancer. Past podcasts are available on the Transcripts/Audio Files page of YSC's website.